



# PARENT GUIDE

## 2025

---

# GENERAL INFORMATION

---



We are just weeks away from our first week of camp!

Thank you for being part of our seventh year offering camp in Fredericksburg. Our leaders have 6 years of experience with Camp What-A-Kid in Lorton and over 25 years of working camps. We cannot wait to put all of that experience to work here again in Fredericksburg with Summer At The Ridge!

None of this could be possible without the leadership support, financial investment, and the brand new facility of South Ridge Church. We're super excited that our facility has been used since January 2023 to support our community with summer camp, before/after school care, and a pre-K through 5th grade academy.

With our adults, we've hired a few amazing high schoolers, who have shown the following qualities:

- Dependability
- Good Judgment
- Good Character
- Morals
- Team Player
- Heart for Kids

Our team is looking forward to partnering with you as parents or guardians to create an amazing camp experience for our kids attending over the next nine weeks! This guide is to communicate to you, as a parent or guardian, some important information for each week of camp.

Our team is praying that we'll leave a lasting impact on your child the week or weeks they're attending camp, as they learn and build friendships.

Thanks again for believing in our vision and mission.

Jeff Geyer, Executive Director

# GUIDELINES

## **FACILITY:**

We are asking that we respect the facility and the equipment. The old adage is still true...*take care of your stuff and your stuff will take care of you.* Outside of normal wear and tear, campers will be expected to pay for anything that they damage.

## **DROP-OFF/PICK-UP LANE:**

All campers should be dropped off by parents or legal guardians at entrance. Please check the appendix to view the parent drop-off/pick-up line.

## **CELL PHONES AND ELECTRONICS:**

Please leave phones, headphones, gaming gear, and favorite toys at home. Use of a phone is permitted with staff permission and only to contact parents.

- We are not responsible for phones and electronics being lost/stolen/damaged.
- We do not recommend bringing their phone/electronics with them while at the pool. There are many hazards and opportunities for them to be taken.

## **DRESS CODE:**

Campers should dress and bring with them items necessary for the scheduled events of their camp day. Campers are encouraged to dress comfortably and appropriately to the activities of camp and to our standard of modesty. Sneakers are preferred for most events for safety reasons. Flip flops, pool shoes, or sandals are OK to wear for pool trips only. Modest shorts and tops are common attire.

## **POOL:**

On pool days your child will need a swimsuit, towel, and a change of clothing. Please label all of your children's clothing and items.

- Girls: No bikinis. Bring only appropriate one piece and tankini suits (this means no part of the midriff showing).
- Boys: No speedos.
- Swim shoes, Crocs, or sandals for pool trips are recommended.

## **FIELD TRIPS:**

A Camp t-shirt will be given to all campers, if registered by March 15. This Camp tee is to be worn on field trips.

## **FOOD:**

Water and snacks will be provided each morning and afternoon. Just like our camp leaders, each camper is responsible for bringing their own lunch. We'll provide lunch on Fridays!

## **EMERGENCY:**

If an emergency happens to any camper, we'll make sure that the appropriate emergency contact is contacted as soon as possible.

If an emergency happens and a camper is needed to be with family, please have that person contact our executive director, Jeff, at (469) 713-7970.

An emergency includes any incident regarding health, family crisis, or need for immediate pickup.

## **DAILY COMMUNICATION:**

To keep you informed about weekly Summer At The Ridge events, pool trips and field trips, an informative email is sent out prior to each camp week. You will be automatically added to our daily texts from (540) 701-7436.

# INVOICES AND PAYMENTS

For those with an outstanding balance, you'll receive a weekly tuition statement via email a week before that registered camp week starts. Below are the four ways to make a payment:

- Cash and Money Orders
- Credit Cards (Online Payment): You will receive a weekly tuition statement via email. Simply pay online with the "Click to Pay" option.
- Personal Check: Make checks payable to: "Summer At The Ridge" and please write your child's name in the memo portion of your check.

As a reminder, a non-refundable deposit of \$75 is required for each child at time of registration per week. The non-refundable deposit will be applied to a child's last camp week if account payments are current. Summer At The Ridge reserves the right to use the \$75 non-refundable deposit(s) as payment for camp tuition and fees if an account becomes past due. A new \$75 non-refundable deposit(s) will be required before a child may attend Summer At The Ridge for any remaining registered weeks.



# TYPICAL DAILY SCHEDULE

Every day is packed with new ideas, fun, and excitement. Campers move from one experience to the next, while receiving a balance between fun and learning in the many activities and events at camp. At the end of an active eventful camp day, most campers are ready for a good night's rest.

8:00 am

Free choice activities, indoor and outdoor  
(camp day begins)

8:20 am

Shake-N-Wake opening festivities  
Small Group (Wednesdays only)

9:00 am

Morning snack and bathroom break!

9:30 am

Outside activities

8:30 am - 3:30 pm (M\*, Tu, W\*, Th)  
Field Trips

11:15 am

Additional activities

Noon

Lunch!

12:45 to 3:30 pm (M, W\*, F)

Afternoon activities, which includes S.T.E.M.

3:30 pm

Afternoon snack and bathroom break!

4:00 pm

End of camp day!

## JEFF ROUSE CENTER POOL

Kids are encouraged to jump in the pool, splash a counselor, or just have fun in the sun during lunch. We will work hand in hand with Jeff Rouse Center staff to ensure a safe and fun environment for our kids. We'll do everything we can to support our lifeguards.

All campers have to pass a swim test if wanting to swim in the deep end of the pool.

Weekly pool trips to the pool are scheduled for all age groups on Tuesdays and Thursdays. Watch out for Wet-N-Wild games that happen at camp throughout the week!

We also provide spray sunscreen, if a camper did not bring sunscreen, each day. Please note that our spray sunscreen may not be organic. Our staff is not allowed to put lotion sunscreen on any camper, unless they are related.

\*Bowling/Arcade field trips are Monday.  
USMC and Space Museum field trips are Wednesday.



# FIELD TRIP SCHEDULE

The dates below are locked in but can change due to swim meets or national restrictions.

## Week 1:

Tuesday, June 10 - Rouse Center (Stafford)

Wednesday, June 11 - Urban Air\*

Thursday, June 12 - Rouse Center (Stafford)

## Week 2:

Tuesday, June 17 - Rouse Center (Stafford)

Wednesday, June 18 - Space Museum (Dulles)

Thursday, June 19 - Rouse Center (Stafford)

## Week 3:

Tuesday, June 24 - Rouse Center (Stafford)

Wednesday, June 25 - Spy Museum (DC)

Thursday, June 26 - Rouse Center (Stafford)

## Week 4:

Monday, June 30 - Rouse Center (Stafford)

Tuesday, July 1 - Bowlero (Fredericksburg)

Wednesday, July 2 - Rouse Center (Stafford)

## Week 5:

Tuesday, July 8 - Rouse Center (Stafford)

Wednesday, July 9 - USMC (Stafford)

Thursday, July 10 - Rouse Center (Stafford)

## Week 6:

Monday, July 14 - Bowlero (Fredericksburg)

Tuesday, July 15 - Rouse Center (Stafford)

Thursday, July 17 - Rouse Center (Stafford)

## Week 7:

Tuesday, July 22 - Bowlero (Fredericksburg)

Wednesday, July 23 - Urban Air\*

Thursday, July 24 - Rouse Center (Stafford)

## Week 8:

Monday, July 28 - Bowlero (Fredericksburg)

Tuesday, July 29 - Rouse Center (Stafford)

Thursday, July 31 - Rouse Center (Stafford)



# SECURITY

The security of the campers and staff is important at Summer At The Ridge. We'll be equipped with computerized check in/check out systems, fire monitoring, and security devices.

## Background Checks

All staff members have been background checked with national, state, and local searches. Our drivers have had their driving records checked. Everyone has been cleared by the background checks.

## Check In & Check Out

For administrative and security purposes, all children and families will be registered in our computerized data system. Parents will be given a personalized pin, which is the last four digits of the number listed at registration, for quick and easy check in and check out. Only persons registered in the database will be permitted to check children in and out from camp.

For example: *During pickup, Sara comes to pick up her daughter, Camryn, at 3:45 pm. Sara will come through the first doors she comes to in the pickup lane. She will then give her code, which is the last four digits of the phone number 7970. As it checks out, someone from our team will radio for Camryn to be picked up by her mom.*

## Family Data Profiles

Maintaining accurate family profiles is necessary for security and to enable immediate contact with parents when necessary. Please be accurate with family information when submitting applications. Please feel free to update your personal profile whenever family data changes and if you need assistance someone is here to help.

## Booster Seats

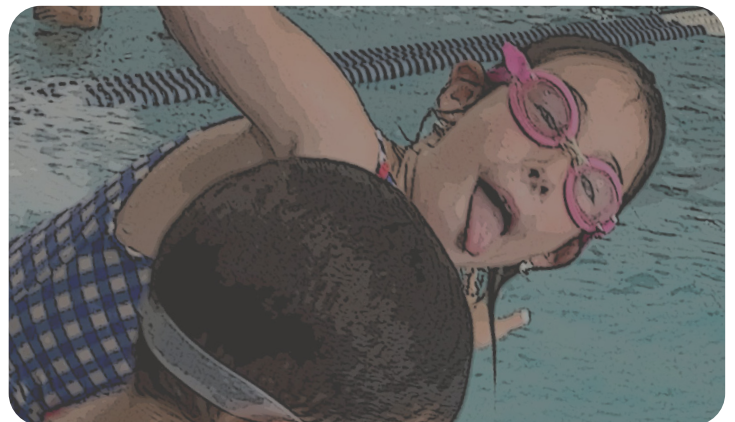
Although we use a shuttle to transport our campers, we do allow booster seats for any parent or guardian who wants an added peace of mind. These are not required.

## COVID/Flu/Norovirus

Like the last five summers, masks and vaccinations are parent or guardian choice. We do not require our staff to wear masks or receive the vaccination. Some of our staff have received the vaccination.

In addition we've implemented these specific guidelines:

- Hand washing before and after any lunch/snack
- Masks available upon request for campers
- Daily chlorine readings at the private pool



# BUILDING & PARKING MAP

